

Beta Cell Preservation April Meeting Minutes

April 7, 2026

Participants: Laura Jacobsen, Carla Demeterco-Berggren, David Broome, Lydia Holly, Jacqueline Lonier, Shideh Majidi, Abha Choudhary, Lauren Culbreth, Rachael Lee, Ines Guttman-Bauman, Nicole Rioles, Claire Rainey, Emma Ospelt, Saketh Rompicherla

Slides:

[Zoom Recording](#), Passcode: K#T26f*C

Welcome and updates (Nicole Rioles, MA)

- New landing page: <https://info.t1dexchange.org/beta-cell-preservation-white-paper>
- Direct link: <https://5087763.fs1.hubspotusercontent-na1.net/hubfs/5087763/Real%20World%20Beta%20Cell%20Preservation%20Throughout%20the%20Stages%20of%20Type%201%20Diabetes.pdf>

Qualitative study with Breakthrough T1D (Emma Ospelt)

- March - June 2026
- Kickoff meeting occurred last week
- Focus groups next month

Screening and Monitoring Manuscripts

- The “Bringing Early Detection to Life: Real-World Operationalization of a Presymptomatic Type 1 Diabetes Screening and Monitoring Pilot Program” manuscript was submitted back to BMJ Open Diabetes Research & Care after revisions were made last week on 4/2/2026
- The "perspectives" paper, "A Real-World Beta-Cell Preservation Framework in Type 1 Diabetes: Consensus from the T1D Exchange (T1DX-QI)" will be submitted to Endocrine Practice. First draft of reformat was finished by David Broome 4/7/2026.
- Review and share feedback to Endocrine Practice manuscript
 - o Be mindful of word count when giving feedback – if there is something you want to add, think about what should be taken out
 - o Please share feedback by **3:00pm EST on April 21, 2026**
- Screening manuscript update: co-first authors, Lauren Culbreth and Lydia Holly. First draft will be ready in May.

Measures

- Screening:
- Screening result:
 - o We receive LOINC codes and associated values
 - o We don't receive reference ranges
 - o Screening result should be confirmed within 3 months

Therapy prescribed: one question that answers both, then goes into details

- o Different process for flowing from flowsheet vs. Pulling from EMR
- o Pulling from flowsheet – we can assume they are being monitored
- Therapy side effects are specified. Copy TCH Smart form questions

Texas Smart form Updates

- Do other centers have contracts with BDC ASK program?
- Are smart forms created in a module that doesn't look like Epic?
 - o Create a mockup of what the smart form looks like into a word doc so that it doesn't have the epic formatting

ISPAD submission

- Between all of the different conferences that we're doing, we don't necessarily need an abstract for ISPAD. Group decided we will not submit abstract for ISPAD
- Perhaps we will have labeling ready for ATTD in Paris next year

ADA Scientific Sessions

- Two oral presentations (Lydia Holly and Dan DeSalvo)

Oral presentations for Breakthrough

- Dr. Jacobsen is on the planning committee
- Talk will allow people to take actionable items back to their clinic
 - o Practical implementation workflows, EHR integration (Dr. DeSalvo), working with your administration (Dr. Demeterco-Berggren), infusion set up

Other business

- New data elements for screening and monitoring in next version of data spec
- New data spec released this spring
- Centers should communicate internally so that IT teams know it is coming

