Insulin Pump Therapy

Starting an **Automated Insulin Delivery (AID) system** (also known as hybrid closed-loop insulin pump) **soon after a Type 1 Diabetes (T1D) diagnosis** is recommended for several reasons:

- 1. Improved glucose control early on which is associated with long-term benefits
- 2. Reduction in the daily diabetes management burden
- 3. Improved sleep and quality of life

How does it work?

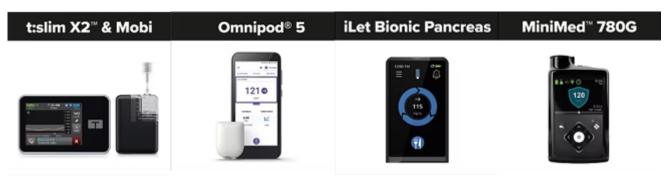
Automated Insulin Delivery (AID) systems contain 3 components:

- 1. A continuous glucose monitor (CGM) like a Dexcom or Libre
- 2. An insulin pump
- 3. A program (in the pump), that makes automatic adjustments to insulin delivery in response to glucose data from the CGM



Image source: American Diabetes Association, https://www.diabetes.org/diabetes/treatment-care

Current AID systems available:



We will sign you up for an insulin pump class to learn more about the available insulin pumps. To help you prepare, check out the following resources:



Tandem t:slim X2



Tandem Mobi



Omnipod 5



iLet



Minimed 780G



Device comparison chart from Barbara Davis Diabetes Center