

PREPP'D

What is PREPP'D?

It stands for Reproductive Education Program for People with Diabetes.



How can PREPP'D help me?

It can help improve your knowledge and help you understand diabetes in pregnancy.

WE ARE HERE TO HELP YOU!

ASK YOUR DOCTORS ABOUT PREPP'D !

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What is PREPP'D again? It stands for Reproductive Education Program for People with Diabetes. It is an initiative that we are hoping to improve your knowledge and heighten your awareness on the implication of diabetes and pregnancy.

Do you know the hemoglobin A1C goal before getting pregnant?

Less than 6.0%



Do you know the glucose goal fasting and 1 hour after meals during pregnancy?

Less than 90 and 140

Do you know that improving glucose control during pregnancy can reduce the following?

- Abnormalities in the baby including heart and lung problems
- Low sugar in babies after delivery
- Earlier than typical deliveries and the need of cesarean sections
- Stillbirth

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