



Children's Mercy

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CGM Quiz

1) How often does a Continuous Glucose Monitor (CGM) check your blood sugar?

* must provide value

Every 1-5 minutes

Every hour

Only when you do a finger stick

2) True or false: You can dose insulin based off your CGM data

* must provide value

True

False

3) True or false: If I want to get on a hybrid closed loop pump in the future (t:slim X2, Omnipod 5, or Medtronic), I should talk to the diabetes team and pick the CGM that integrates with that pump.

* must provide value

True

False

4) You notice blood sugar is 350 mg/dL on your CGM. You gave a correction dose 1 hour ago. Which step should you take?

* must provide value

Wait at least 1 more hour, and if blood sugar is still high at that time, give a correction dose

Give a correction dose now

Disable your CGM alarm and ignore the high blood sugar, it will come down eventually

5) **Calibrations are not required for most CGMs. If you choose to calibrate, when is the best time to calibrate your CGM?**

* must provide value

Right after a meal

Right after you give an insulin dose

When your blood sugar is steady
(arrow straight across)

Before every meal

6) **Johnny's parents want to be able to follow his blood sugar when they are not with him. How can they set this up?**

* must provide value

Through the hand-held receiver

Through the app (Johnny and parents must have each compatible phone or smart device)

7) **Which place would NOT be good to place your CGM?**

* must provide value

Abdomen

Stomach

Arms

Flank area

Bony area such as elbow

8) **After reviewing the information, I am interested in the following CGM**

* must provide value

Dexcom G6

Dexcom G7

Free Style Libre 2

Free Style Libre 3

Medtronic Guardian

Eversense Implantable CGM

I am not sure and I would like to discuss further



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