

T1D Exchange Quality Improvement Collaborative Health Care Transition Workgroup



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Objectives

- Review plan to use Got Transition's Six Core Elements of health care transition (HCT) to guide T1DX-QI HCT efforts
- Define "Transition Planning" core element for pediatric diabetes care
- Review T1DX-QI annual survey data on core element #4 for pediatric diabetes care
- Define "Integration into Adult Practice" core element for adult diabetes care
- Share successes and challenges with transition planning of emerging adults with diabetes

Six Core Elements of Health Care Transition

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Incorporating the Six Core Elements of Health Care Transition in Type 1 Diabetes Care for Emerging Adults

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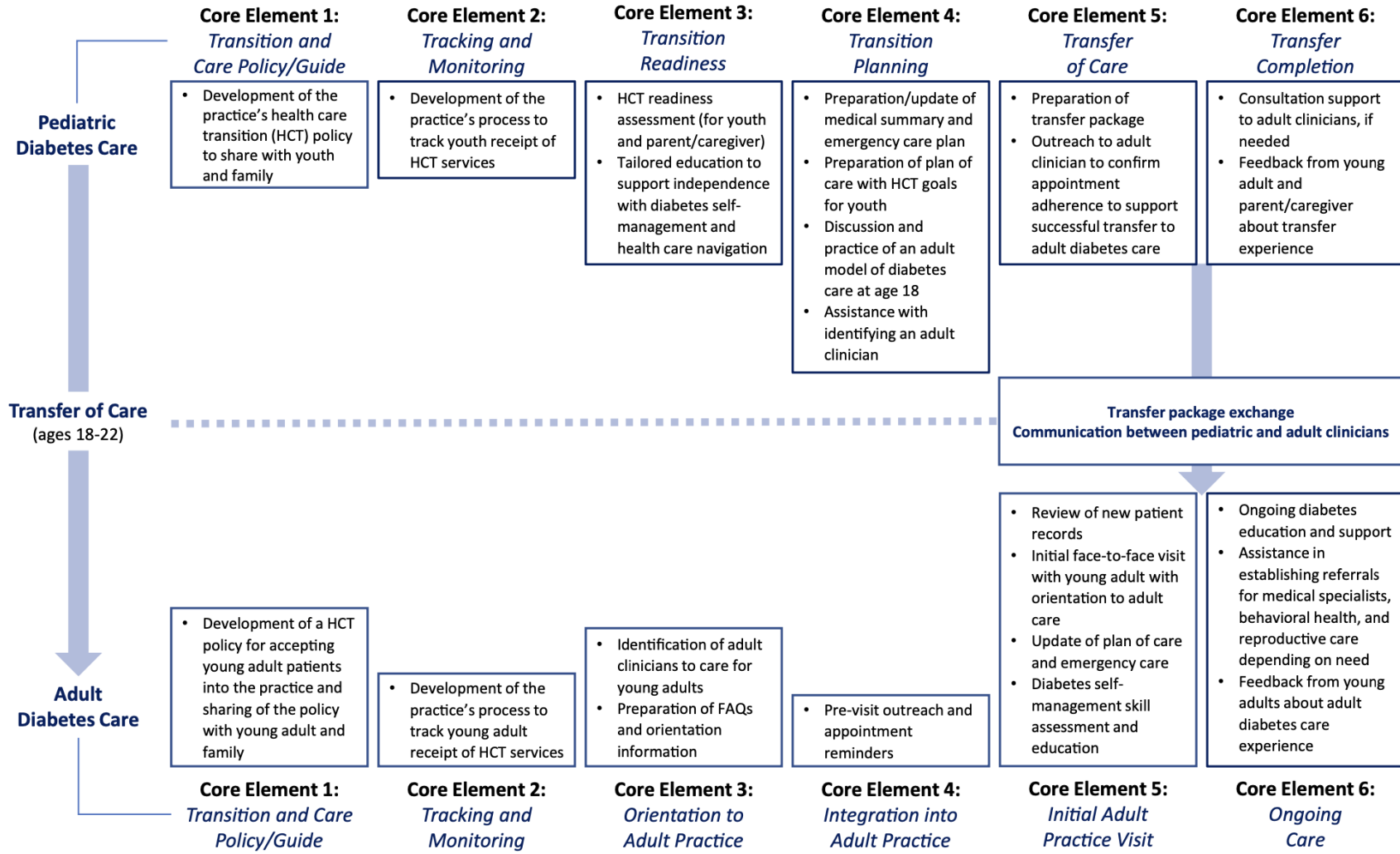
KEYWORDS

• Type 1 diabetes • Adolescents • Young adults • Health care transition

KEY POINTS

- Implementation of a structured transition process can support improved patient health and societal outcomes for emerging adults with type 1 diabetes.
- Pediatric diabetes providers play a critical role in supporting health care transition planning and successful transfer to adult diabetes care.
- Effective transition to adult care requires active involvement from adult diabetes providers to plan for incorporation of emerging adults into their practice.

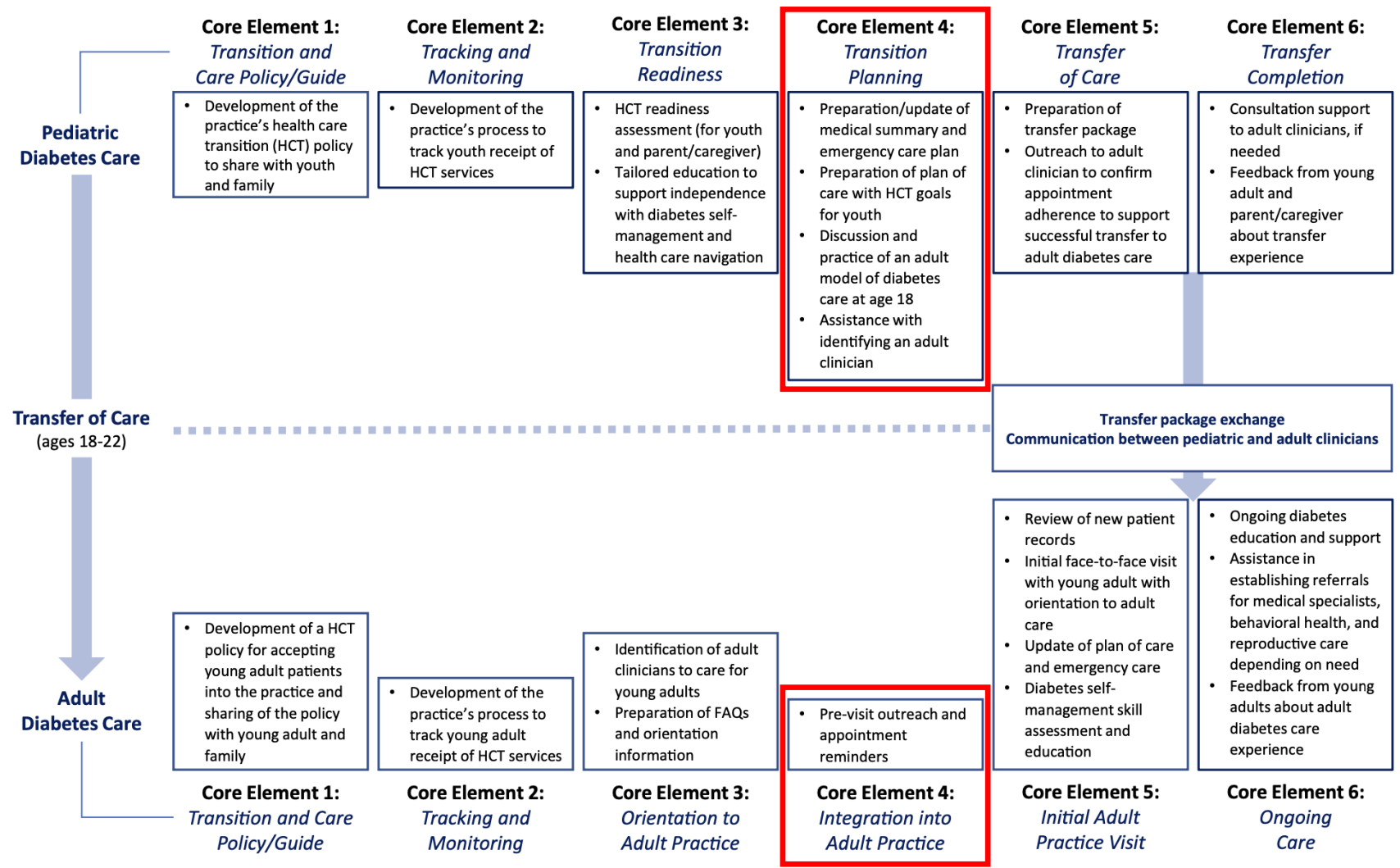
Six Core Elements for Pediatric and Adult Diabetes Care



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Fig. 1. Six Core Elements of health care transition for pediatric and adult diabetes practices. (The Six Core Elements of Health Care Transition™ are the copyright of Got Transition®. This version of the Six Core Elements has been modified and is used with permission.)

Six Core Elements for Pediatric and Adult Diabetes Care

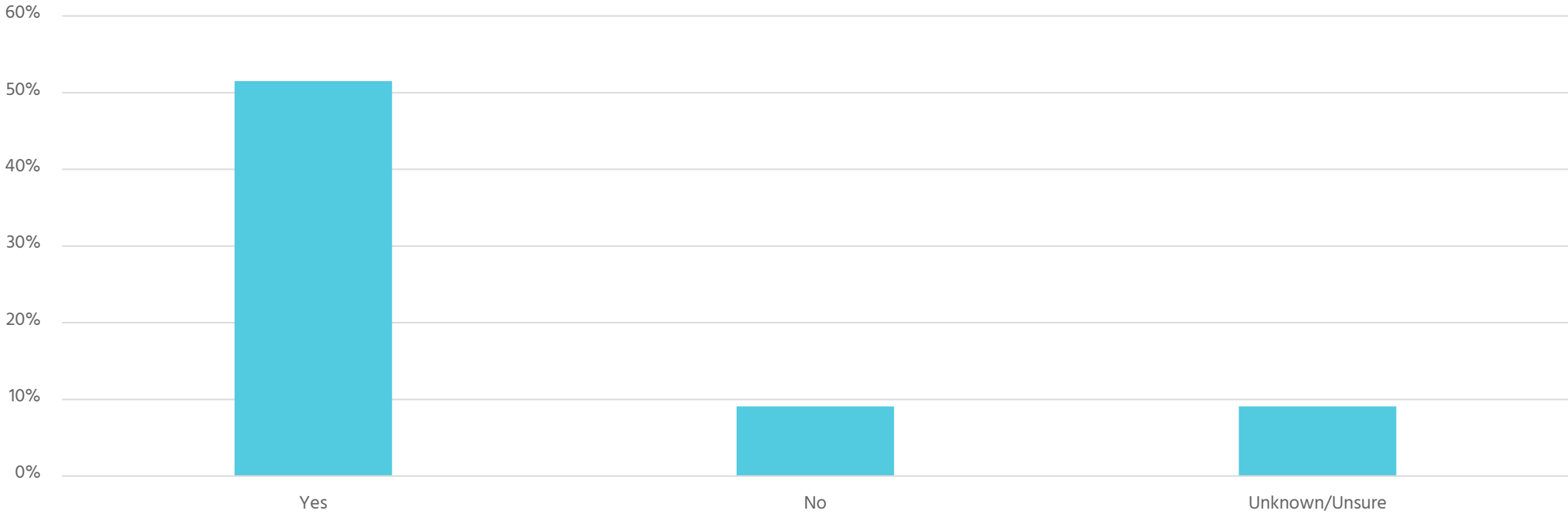


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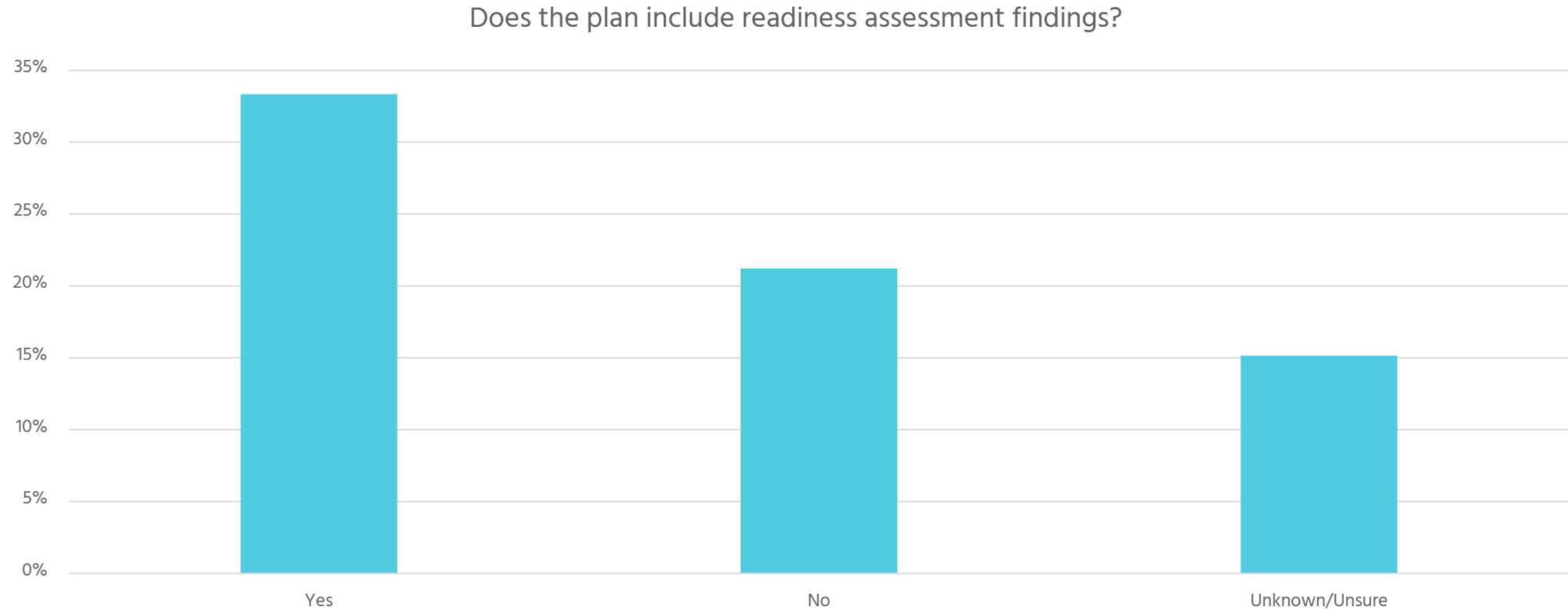
Fig. 1. Six Core Elements of health care transition for pediatric and adult diabetes practices. (The Six Core Elements of Health Care Transition™ are the copyright of Got Transition®. This version of the Six Core Elements has been modified and is used with permission.)

Slightly over 50% of pediatric centers document and update a plan of care for transition.

Does your center document and update a plan of care for transition to an adult diabetes provider with youth and parents/caregivers in the patients medical record?



Only 1/3 of transition care plans include findings from patient's transition readiness assessments.



Pediatric Care | Core Element #4: Transition Planning

		Office Visit from...
		8/31/20
Search (Alt+Comma) <input type="text"/>		0900
Transition Planning		
<input checked="" type="checkbox"/>	Completed readiness assessment	<input type="text"/>
<input type="checkbox"/>	Transition Plan in Place	
<input type="checkbox"/>	Adult Provider	
	Other - see comments	
	Date referral made	
	Date of Adult visit	
<input type="checkbox"/>	Transfer complete?	
Education		
	Hypoglycemia and Glucagon	
	Alcohol and Blood Glucose	
	Calling the Diabetes Center	
	Refilling a Prescription	
	Emergency Care and Primary Care Provider	
	Preparing for College	
	Giving Insulin via Syringe or Pen	
	Driving Guidelines	
	Managing Illness	
	Responding to Ketones	