

Online Appendix: PAID-PR items by factor (factor loadings in parentheses)

Factor 1: Immediate Burden	Factor 2: Theoretical Burden
I feel discouraged with my child's diabetes treatment plan. (0.51)	I feel scared when thinking about my child having/living with diabetes. (0.67)
I have difficulty dealing with school staff (e.g., nurses, teachers, principals). (0.47)	I feel upset when my child's blood sugars are out of range. (0.79)
I feel that my child is deprived regarding food and meals. (0.50)	I worry about my child having a low blood sugar. (0.77)
I feel that my child is excluded from activities/events because of his/her diabetes. (0.57)	I feel angry when I think about my child having/living with diabetes. (0.49)
I feel that diabetes takes up too much mental and physical energy. (0.55)	I feel constantly concerned about what my child eats. (0.42)
I feel alone in managing my child's diabetes. (0.82)	I worry about the future and the possibility of serious complications for my child. (0.67)
I feel that other family members are not supportive in managing my child's diabetes. (0.71)	I feel upset when my child's diabetes management is "off track". (0.72)
I worry whether or not my child will remember to eat his/her snack. (0.45)	I worry that my child will not be taken care of when away from home. (0.38)
I feel "burned out" by the constant effort to manage diabetes. (0.62)	I feel like the "diabetes police". (0.45)

Eliminated items: I have clear and concrete goals for my child's diabetes care; I know whether or not my child's mood or behavior is related to his/her blood sugar level