



T1D
Exchange

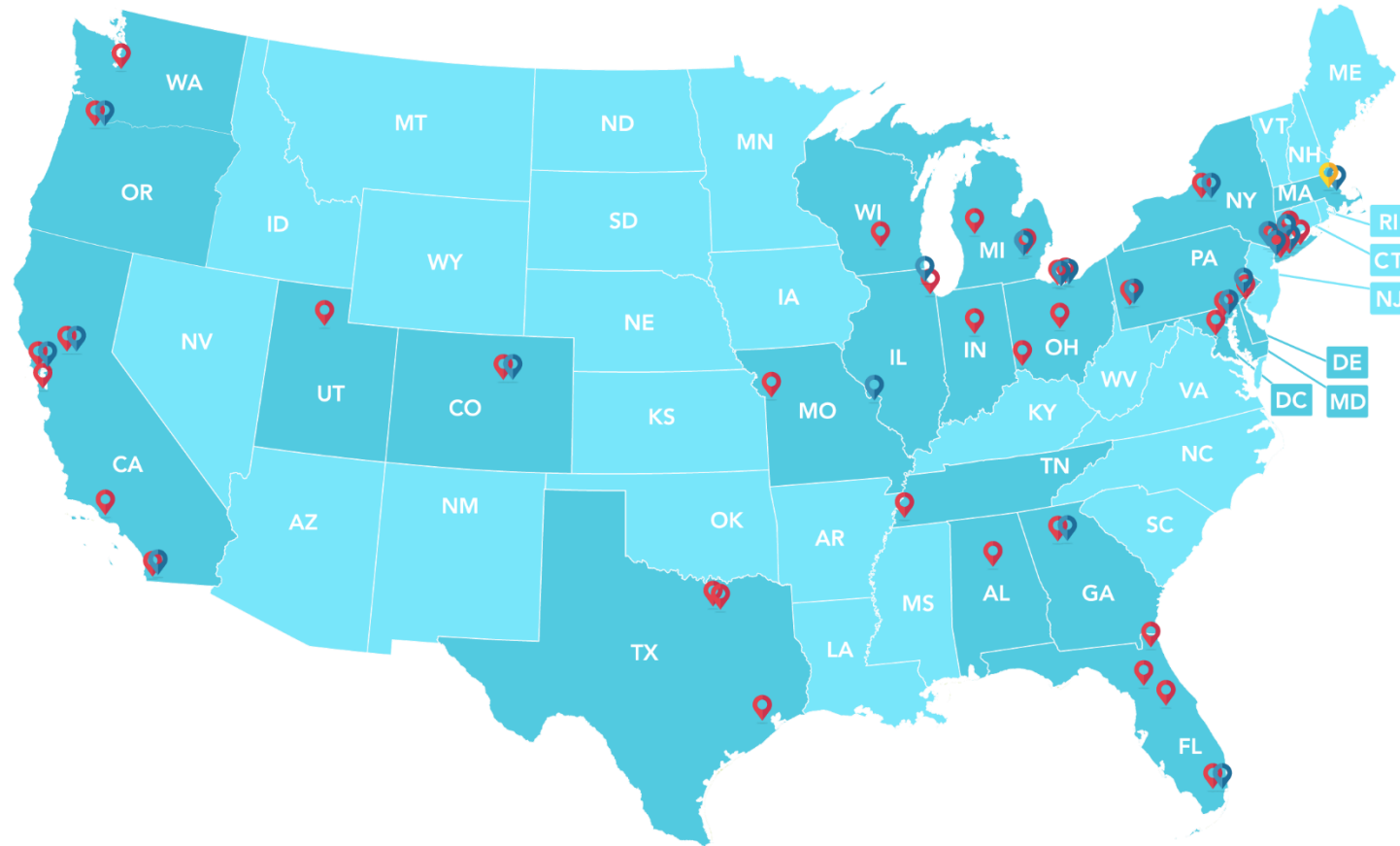
**T1DX-QI Advisory Committee
Meeting, April 10, 2024**

Agenda

- Welcome
- Brining PWD perspectives to Collaborative work
 - Working groups
 - Transitions
 - Distress
 - Equity and device/medication/education access
- Next meeting

T1DX-QI Participating Centers Distribution

62 T1D centers, caring for 120,000+ PwT1D across 22 states and Washington D.C.



 Pediatric  Adult  T1D Exchange HQ

Diverse mapped EMR cohort of 87,000+ PwT1D

	Total	<6 years	6-13 years	13-18 years	19-26 years	26-50 years	50-65 years	>65 years
	87320	2658	15222	31876	19272	11097	4450	2619
Male	44712 (51)	1406 (53)	7603 (50)	16923 (53)	10000 (52)	5332 (48)	2140 (48)	1239 (47)
Race/Ethnicity								
Non-Hispanic White	53763 (62)	1597 (60)	9012 (59)	19296 (61)	12442 (65)	6678 (60)	2765 (62)	1867 (71)
Non-Hispanic Black	11510 (13)	319 (12)	2074 (14)	4569 (14)	2229 (12)	1414 (13)	627 (14)	270 (10)
Hispanic	10770 (12)	290 (11)	1802 (12)	3955 (12)	2249 (12)	1576 (14)	644 (14)	246 (9)
Asian	1755 (2)	77 (3)	390 (3)	653 (2)	355 (2)	169 (2)	50 (1)	61 (2)
Other	9522 (11)	375 (14)	1944 (13)	3403 (11)	1997 (10)	1260 (11)	364 (8)	175 (7)
Private Insurance	42959 (49)	1256 (47)	7186 (47)	15834 (50)	10497 (54)	5738 (52)	2087 (47)	276 (11)

PWD Perspectives

T1D-QI Working Groups

- Type 2 diabetes
 - Adults, endocrine and primary care
 - Pediatrics, endocrine care
- Transitions of Care
- Diabetes Distress
- Glucose Monitoring
- Hybrid Closed Loop

Transitions of Care

- Interest Areas:
 - Goal to improve documentation and complete transition from pediatric to adult care
 - Have unified decisions on curriculum and reporting for T1DX-QI to capture
 - Six Core Elements
 - Centers are working through each core element and having discussion on best practices
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- <https://t1dx-qi.t1dexchange.org/work-groups/transitions-of-care/>

Diabetes Distress

- Interest areas
 - Goal to improve screening process (annual screening)
 - Make psychosocial referrals and follow up
 - Empower endocrine clinicians to have meaningful and supportive conversations about diabetes distress with PWD
- Scales being tested
 - PAID: Problem Areas in Diabetes (Polonsky et al., 1995)
 - Problem Areas in Diabetes-Teen (PAID-T)
 - Parent (P-PAID-T)
 - DDS: Diabetes Distress Scale (Polonsky et al., 2005)
 - T1-DDS: Type 1 Diabetes Distress Scale (Fisher, Polonsky, et al., 2014; Fisher et al., 2015)
 - DSQoLs-R: Diabetes-specific Quality of life Scale-Revised (Burdens and Restrictions sub-scale) (Bott et al., 1998; Cooke et al., 2013)
 - Type 1 Diabetes and Life (T1DAL) (Hilliard, 2021)

<https://t1dx-qi.t1dexchange.org/work-groups/diabetes-distress/>

Next meeting

July 17th from 11 am -12 pm (EST)