

T1D Exchange Quality Improvement Collaborative Health Care Transition Workgroup



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Objectives

- Review plan to use Got Transition's Six Core Elements of health care transition (HCT) to guide T1DX-QI HCT efforts
- Define Tracking & Monitoring Core Element
- Review T1DX-QI annual survey data on Core Element #2
- Share successes and challenges with tracking and monitoring the receipt of HCT

Six Core Elements of Health Care Transition

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Incorporating the Six Core Elements of Health Care Transition in Type 1 Diabetes Care for Emerging Adults

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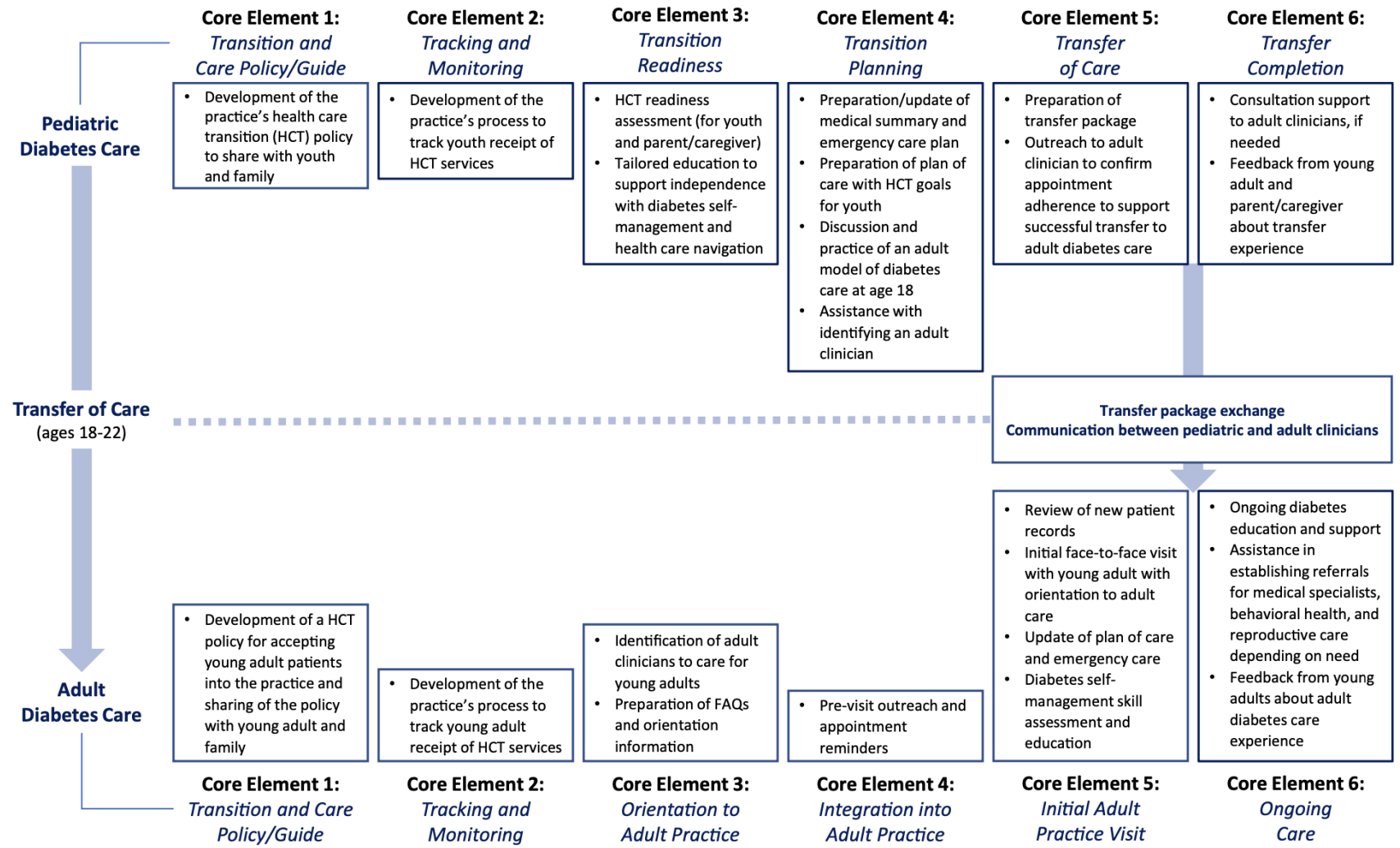
KEYWORDS

• Type 1 diabetes • Adolescents • Young adults • Health care transition

KEY POINTS

- Implementation of a structured transition process can support improved patient health and societal outcomes for emerging adults with type 1 diabetes.
- Pediatric diabetes providers play a critical role in supporting health care transition planning and successful transfer to adult diabetes care.
- Effective transition to adult care requires active involvement from adult diabetes providers to plan for incorporation of emerging adults into their practice.

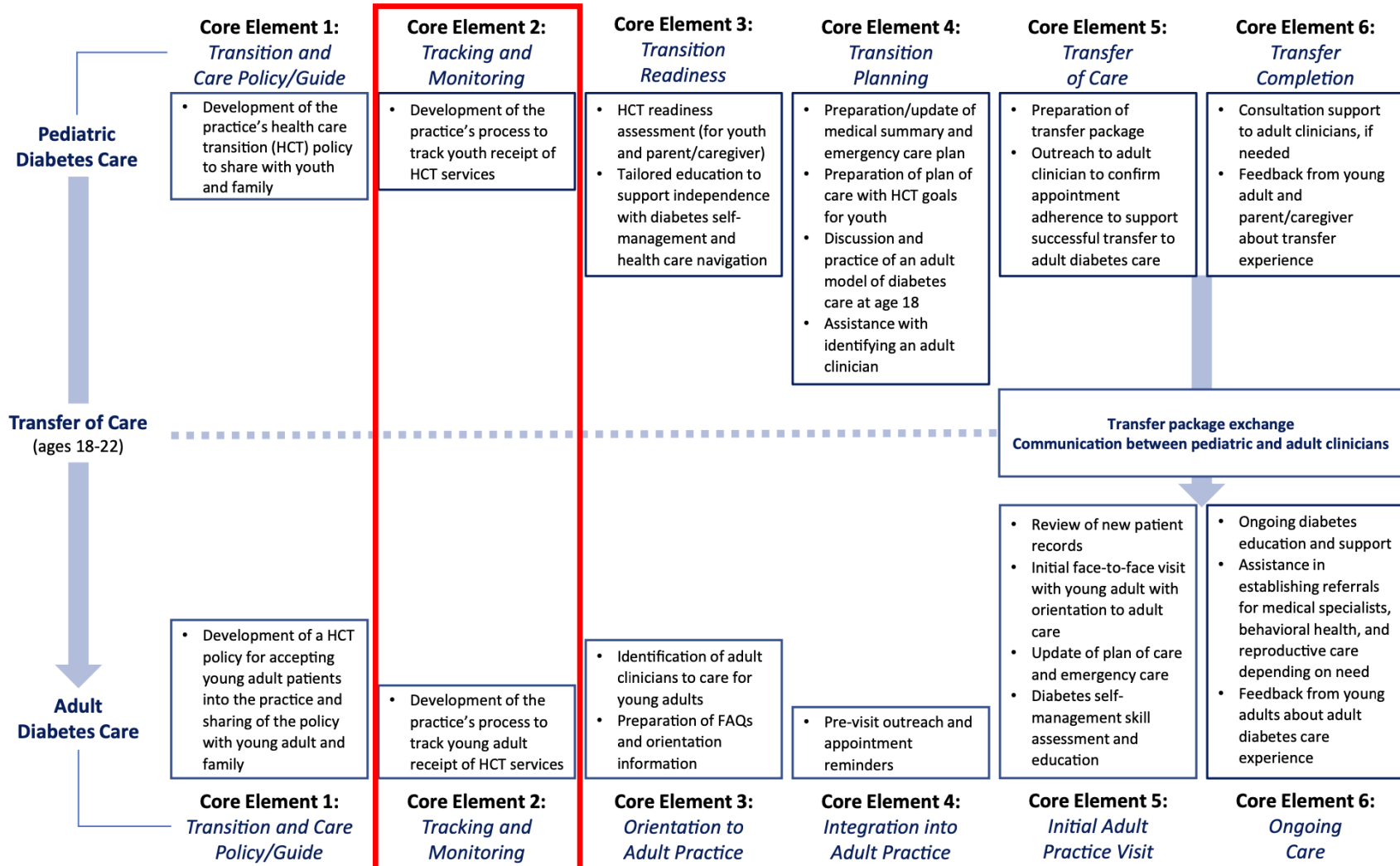
Six Core Elements for Pediatric and Adult Diabetes Care



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Fig. 1. Six Core Elements of health care transition for pediatric and adult diabetes practices. (The Six Core Elements of Health Care Transition™ are the copyright of Got Transition®. This version of the Six Core Elements has been modified and is used with permission.)

Six Core Elements for Pediatric and Adult Diabetes Care

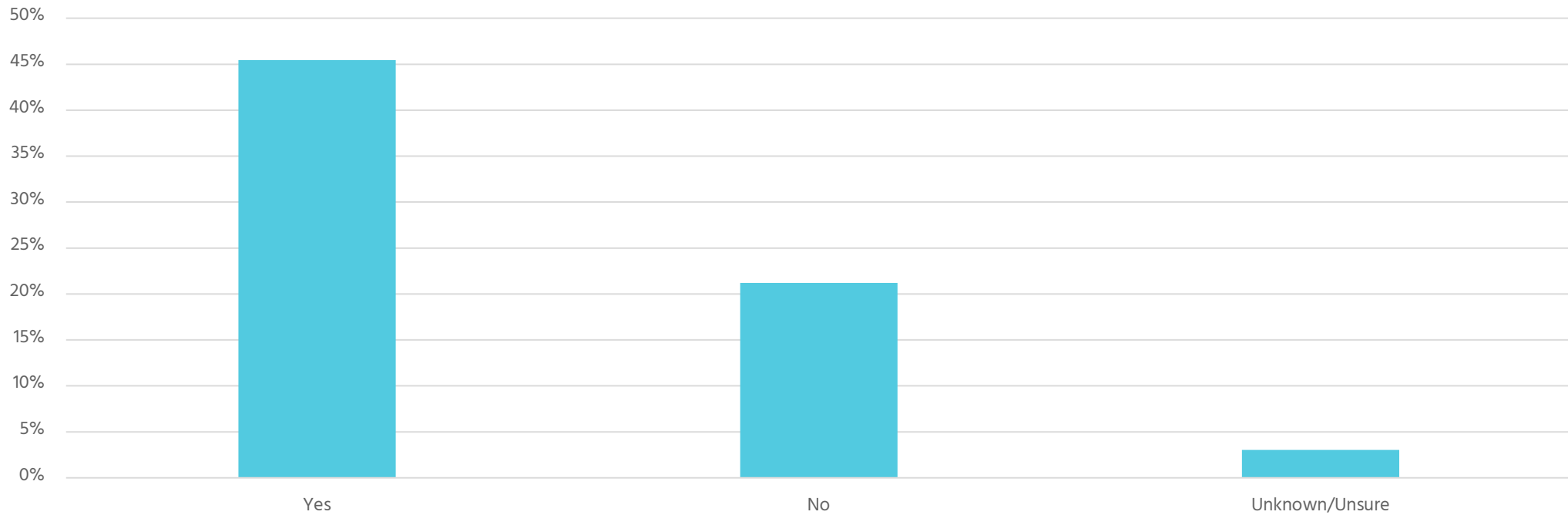


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Fig. 1. Six Core Elements of health care transition for pediatric and adult diabetes practices. (The Six Core Elements of Health Care Transition™ are the copyright of Got Transition®. This version of the Six Core Elements has been modified and is used with permission.)

Just under 50% of pediatric centers maintain a registry of transition-aged youth.

Does your center maintain a registry/database to identify transition-aged youth who will need to transition to adult care?



Pediatric & Adult Diabetes Care | Core Element #2: Tracking & Monitoring

1200	
Age	
Age Range	>16 years
Discussed role of patient and parent/guardian in care	Yes
Offered patient time with provider without parent/guardian present	Yes, ac...
Screening and Prevention Topics Discussed	Annu:
Anticipatory guidance topics discussed	
Discussed transition to adult care	

Select Multiple Options: (F5)

Annual dilated eye exam (retinopathy screening)
Blood pressure control (hypertension screening)
Cholesterol goals (lipid screening)
Foot care and/or exam (neuropathy screening)
Microalbumin screening (nephropathy screening)

Comment (F6)

1200	
Age	
Age Range	>16 years
Discussed role of patient and parent/guardian in care	Yes
Offered patient time with provider without parent/guardian present	Yes, ac...
Screening and Prevention Topics Discussed	Annual ...
Anticipatory guidance topics discussed	Drivin
Discussed transition to adult care	

Select Multiple Options: (F5)

Driving safety
Family planning/ Glucose control in pregnancy
Importance of exercise
Medical alert item (bracelet, wallet card, etc.)
Social supports who know about diabetes
Tobacco avoidance

Comment (F6)

1200	
Age	
Age Range	>16 years
Discussed role of patient and parent/guardian in care	Yes
Offered patient time with provider without parent/guardian present	Yes, ac...
Screening and Prevention Topics Discussed	Annual ...
Anticipatory guidance topics discussed	Driving s...
Discussed transition to adult care	Yes

Select Multiple Options: (F5)

Yes
No
N/A

Comment (F6)

Transition Plan

Office Visit from...	
8/31/20	
0900	
Search (Alt+Comma)	
Transition Planning	
Completed readiness assessment	
Transition Plan in Place	
Adult Provider	
Other - see comments	
Date referral made	
Date of Adult visit	
Transfer complete?	
Education	
Hypoglycemia and Glucagon	
Alcohol and Blood Glucose	
Calling the Diabetes Center	
Refilling a Prescription	
Emergency Care and Primary Care Provider	
Preparing for College	
Giving Insulin via Syringe or Pen	
Driving Guidelines	
Managing Illness	
Responding to Ketones	

Pediatric & Adult Diabetes Care | Core Element #2: Tracking & Monitoring

Transition Plan Completion Rates Active QI 2013-2016; Sustain through 11/2019

