



UCSF Pediatric Diabetes Transition Policy

(With flexibility for individual needs)

Program Goals: To ensure that all pediatric patients with diabetes are supported to eventually manage their own diabetes health care needs as developmentally appropriate, enhance understanding of their diabetes through assessment and education support, build awareness of diabetes community and psychosocial support resources, and develop skills needed to navigate the adult health care system.

To ensure that all pediatric patients and their families at UCSF have the necessary support and preparation to ensure a smooth and successful transfer of the patient to an adult model of diabetes care.

Oakland Pediatric Diabetes Clinic:

- Start Transition Readiness Assessment in Diabetes age 14-16
- Review Medical Release Form and emergency planning by age 18
- Establish adult Primary Care Provider by age 20
- Transition to Adult Diabetes Provider by age 21

Madison/San Francisco Pediatric Diabetes Clinic:

- Start Transition Readiness Assessment in Diabetes age 14-16
- Review Medical Release Form and emergency planning by age 18
- Establish adult Primary Care Provider by age 21
- Transition to Adult Diabetes Provider by age 26 (Dr. Roger Long can see up to age 32)

Salinas Pediatric Diabetes Clinic:

- Start Transition Readiness Assessment in Diabetes age 14-16
- Review Medical Release Form and emergency planning by age 18
- Establish adult Primary Care Provider by age 20
- Transition to Adult Diabetes Provider by age 21

Santa Rosa

- Start Transition Readiness Assessment in Diabetes age 14-16
- Review Medical Release Form and emergency planning by age 18
- Establish adult Primary Care Provider by age 21
- Transition to Adult Diabetes Provider by age 26 (Dr. Roger Long can see up to age 32)

All Clinics:

- Evaluate transition readiness with TRAIID assessment
- Support knowledge with Transition Topic Handouts
- Support knowledge with Transition Topic Group Classes

- Diabetes Tech
- Diabetes in the Wild
- Relationship with Food
- Mental Health
- College Clinic
- Moving out/ Starting Work
- Ready to Launch
- Connection to online and in person diabetes community resources
- Support with instructions and actions to transfer process to adult diabetes clinic