

## Type 1 Diabetes: Vision for the Next 5 Years

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## **JDRF:** Purpose

## **Our Vision:**

A world without T1D

### **Our Mission:**

Improving lives today and tomorrow by accelerating life-changing breakthroughs to cure, prevent and treat T1D and its complications.



# **Stages of Type 1 Diabetes**

**No Diabetes** 0-1 islet autoantibodies

**Stage 1** Two or more autoantibodies and normal blood sugar

Stage 2 Two or more autoantibodies and high blood sugar

**Stage 3** Diagnosed type 1 diabetes

Stage 4 Established Diabetes

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#### Two or more persistent autoantibodies are a <u>"near certain predictor of clinical diabetes."</u>

#### Lifetime risk approaches 100%

FPG, fasting plasma glucose; OGTT, oral glucose tolerance test; PG, plasma glucose. Insel RA, et al. *Diabetes Care*. 2015;38(10):1964-1974. 2. Ziegler AG, et al. *JAMA*. 2013;309(23):2473-2479. 3. Krischer JP, et al. *Diabetologia*. 2013;56(9):1919-1924. 4. American Diabetes Association. *Diabetes Care*. 2020;43(Suppl 1):S14-S31. ADA 2023

## **JDRF Research Priorities**







## Reality and Vision of Screening for Risk of T1D

- Low awareness about T1D stages and the benefits of knowing your risk
  Limited eligibility for and access to screening
  Insurance coverage for T1D screening is inconsistent at best
  Disease-modifying therapies are progressing slower due to these barriers
- FUTURE
  Part of standard clinical preventative services, adopted by healthcare systems
  Covered by insurance, affordable and accessible to everyone
  More therapies available to improve the lives of those at-risk

## Why Screening and Monitoring for T1D risk?



General Population Screening

- Expand screening pathways to
  - reduce health consequences of DKA at diagnosis
  - increase trial recruitment
  - access to FDA approved therapies



## **JDRF Supported Screening Programs**



# **Disease Modifying Therapies**



## **Reversing the Course of T1D**

- Disease-Modifying Therapies (DMTs) are therapies that change the course of a disease aimed at people at every stage of T1D
- The goal: prevent, halt, or reverse the loss of beta cells by:
  - <u>Rebalancing</u> the immune system and <u>Preserving/regrowing</u> the beta cells
- Several DMTs are in JDRF-supported clinical trials around the world—and one, Tzield<sup>™</sup>, was just FDA approved!



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## The Reality and Vision of Disease Modifying Therapies

## TODAY

- One FDA-approved Teplizumab-mzwv (Tzield) and several promising disease-modifying therapies in clinical trials have shown the ability to slow or halt the progression of T1D by resetting the immune system and preserving beta cell function
- Several therapies that induce beta-cell regeneration have been discovered
- Barriers to pivotal trials remain staggeringly high!

## FUTURE

- Commercially available disease modifying therapies that slow, halt and/or reverse the progression of T1D
  - Choice, access and adoption of therapies for all

#### First major FDA-approved therapy since insulin Clinical Treatment Begins Teplizumab-mzwv is the first A landmark study shows teplizumab delays the onset of T1D by 2 years The Immune Tolerance approved disease-2023 in at-risk individuals Network, funded by the NIH modifying therapy via the Special Diabetes for T1D 2022 Program and JDRF, is founded to study teplizumab and identify individuals most likely 2020 Kevan Herold, M.D., receives to respond a career development award **Teplizumab-mzwv** 2017 from JDRF and showed he (Tzield<sup>™</sup>) receives could prevent autoimmune **FDA** approval diabetes with an anti-CD3 2012 antibody 2002 The JDRF T1D Fund makes a catalytic investment in 1988 Provention Bio, bringing the company into T1D for the first Results from the first clinical time trial of teplizumab are published, showing it delays

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T1D onset

## **Teplizumab in Stage 2 and Stage 3 Individuals**

TN10 Study (Stage 2)

#### **PROTECT Study (Stage 3)**







## Mid-Year Update to Clinical Guidelines

- The American Diabetes Association's Standards of Care in Diabetes has been updated to include **Teplizumab-mzwv** (**Tzield™**) to delay T1D in atrisk, or Stage 2, individuals
- The diagnostic criteria for T1D screening has also been updated, to be more in line with the label

# **Improving Lives**



## How we are improving lives



Drugs for glucose and metabolic control



Drugs for complications



Devices for glucose control



Therapies for psychosocial burden

## **Unmet needs remain for people with T1D**

#### **Unmet clinical needs**

- Blood glucose control is still a challenge
- Broader metabolic control is unaddressed by current therapies
- Complications remain a reality for many with T1D

## Unmet mental health and quality of life needs

- People with T1D are disproportionately affected by mental health issues, which affect T1D outcomes
- Burden of disease (e.g. inconvenience of therapies, careful monitoring of diet and insulin administration, etc.) imposes a toll on all people with T1D

We have come a long way and have further to go. The IL program is developing therapies to improve health and reduce the burden of living with T1D!

## The present and future of drugs and devices for T1D

# TODAY

- Insulins: basal and rapid-acting
  Glucagon (rescue only); Symlin (US limited adoption)
  SGLT inhibitors (mainly Japan)

  - "Hybrid closed loop" AP systems, pumps, factory calibrated CGMs, other

# FUTURE

- Next-generation insulins, widely used adjunctive therapies
- Fully closed loop AP systems, user-friendly devices, CGM-CKMs
- Reduced disease management burden

## **Breakthroughs in the last year of T1D tech**

Dexcom G7 cleared by FDA and launched in US

Abbott Freestyle Libre 3 cleared by FDA

net and a second secon

Tandem Control-IQ remote insulin bolus delivery FDA cleared

Medtronic Extended Wear Infusion Set launched











## CLVer trial: AP systems and verapamil immediately after diagnosis

 Can AP systems and/or verapamil preserve beta cells (i.e. extend the honeymoon period) in the new onset population?

Results:

- AP systems did not preserve beta cells but did provide exceptionally good glucose control in the new onset period
- Verapamil preserved beta cells (~30%) meaning they make more insulin for longer!
- JDRF will continue to pursue research into verapamil, including using it with other drugs



## **Urgent need for next-generation insulins**

#### **NEXT-GEN INSULINS**

	Endogenous	Standard of care (s.c. insulin)	URI	LTI	GRI
Fast kinetics	$\checkmark$		$\checkmark$		
Physiologic distribution	$\checkmark$			✓	
<b>Glucose responsivity</b>	$\checkmark$				$\checkmark$

URI: ultra-rapid insulin: lowers blood glucose quickly LTI: liver targeted insulin: functions at the liver GRI: glucose responsive insulin: only active when blood glucose is high



## **Fully closing the loop**

It is a JDRF priority to move from hybrid closed loop to fully closed loop systems. But how?

**Ultra-rapid insulin** 



Using fast-acting snail
 insulin as a model for new
 therapeutic insulins

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#### Insulin-pramlintide co-formulation



- Co-formulation of insulin and pramlintide
- Clinical trials testing administration of insulin and pramlintide from separate pumps

#### Algorithms



- Trial testing a new algorithm in adolescents and young adults with high HbA1c
- Trial testing Android APS
   without boluses

## **Continuous Ketone Monitoring (CKM)**

- DKA remains a dangerous complication of T1D
- Risk of DKA is further elevated in people with T1D undergoing intense exercise or taking SGLT inhibitors, which is a huge barrier to SGLTi adoption
- DKA is caused by elevated ketones
- Target product: CGM-CKM to warn of impending DKA (which can be averted by insulin and carbohydrates) with no additional on-body or mental health burden
- We have funded 5 projects!



ABBOTT PARK, III., June 3, 2022 /<u>PRNewswire</u>/ -- Abbott (NYSE: ABT) today announced it's developing a new biowearable that will continuously monitor glucose and ketone levels in one sensor. The system has secured breakthrough device designation from the U.S. Food and Drug Administration, which is designed to expedite the review of innovative technologies that can improve the lives of people with life-threatening or irreversibly debilitating diseases or conditions.

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## Adjunctive therapies for T1D: Glucose control AND metabolic control



T1D metabolic imbalances

- Glucose control
- Glucagon dysregulation
- Insulin resistance
- Obesity (2/3 of adults with T1D in US registry)
- Ketones
- Lipids...
- ... all of these contribute to complications!

Adjunctive therapies can improve glucose control AND other metabolic imbalances, leading to better outcomes

## **JDRF** adjunctive therapy strategy



- Goals: To develop adjunctive therapies to be approved for T1D and included in clinical guidelines
- De-risk private sector investment
- Spread the message: The future of T1D care is multiple drugs taken safely and conveniently for glucometabolic control and long-term health

## Multi-drug approach to metabolic control and prevention of complications

- · State of the art drug combinations improve outcomes in T2D
- The future of T1D care is multiple drugs taken safely and conveniently to improve short- and long-term health
- "Glucose +" approach: obesity, insulin resistance, lipids, blood pressure, heart and kidney health, etc.

#### JDRF Role:

- These drugs and drug combinations need to be tested in T1D to guide clinical care and "de-risk" private sector investment
- JDRF-supported multi-drug trial: Effects of Insulin + Ozempic
   + Farxiga on metabolic control

+



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Semaglutide (Ozempic) (GLP-1R agonist)



\*approved for glucose control in T1D in Europe and Japan



Retrospective analysis of the EHRs of 296 people with T1D over 12 months found the combination of SGLT2i + GLP-1RA therapy to be most effective in reducing HbA1c

> Other JDRF support for drug combinations under evaluation • SGLT + GRA



Al-Ozairi E, Irshad M, Taghadom E, et al. Obesity (Silver Spring). 2023;31:716-723

## Adjunctive therapies – What should the future look like for T1D care?



complications

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# Complications and Psychosocial Health



## The reality and vision of Improving Lives

# TODAY

- Lucentis/Eylea/Vabysmo/Beovu (eye disease)
- No targeted therapy for kidney or heart disease
- Need for more, validated psychosocial interventions

# FUTURE

- Therapies that prevent, delay, or reverse diabetic retinopathy, renal decline, and cardiovascular disease
- Diabetes-focused behavioral health interventions that improve the mental health of people with T1D

## Long-term Complications: Eye, Kidney, Heart



- Diabetic retinopathy (DR): a longterm complication of T1D that can cause vision loss
- Global estimate for proliferative DR in people with >20 years T1D is 40%. But rates in different populations vary widely!
- Approved therapies represent a major advance but have limitations (health risks, effectiveness, access)



- Diabetic nephropathy (DN): a long-term complication of T1D that affects kidney function
- Estimated that more than half of people with T1D will be affected by DN
- No approved, targeted therapies for T1D



- CVD : a long-term complication of T1D that affects the cardiovascular system (heart, brain, other)
- Major cause of mortality in T1D
- No approved, targeted therapies for T1D

## T1D-exclusive trials with drugs in development (or approved) for T2D heart and kidney disease



T1D HF: Dr. Ify Mordi





Semaglutide (Ozempic)

GLP-1

Approved for CVD in T2D

T1D trial: Dr. Viral Shah





Semaglutide (Ozempic)

GLP-1

Under investigation for DN in T2D

T1D trial: Dr. lan de Boer

## **Oral medications for DR**

Current therapies are life-changing, but we also need new ones-especially non-invasive options



- Anti-inflammatory drug
- · Repurposed drug-- safe and convenient
- Clinical trial is about to kick off!
- Potential benefits for kidney as well
- Collaboration with DRCR Network, NIH, InflammX
   Therapeutics



- Generic lipid-lowering medication
- Repurposed drug- safe, convenient and cheap
- Definitive clinical trial is ongoing
- Collaboration with DRCR Network, NIH, Roche, and Helmsley Charitable Trust

#### Potential benefits: protection of vision and quality of life

## **Driving Better Outcomes in T1D**

### <u>Today</u>

Current therapies are a major advance but have limitations

There are no approved, targeted therapies for T1D

→ ② →

## **Future**

New therapies are developed to both treat vision loss due to diabetic retinopathy and, eventually, restore vision

There are no approved, targeted therapies for T1D



People with T1D are included in clinical trials, leading to approval of new therapies to treat diabetic nephropathy and cardiovascular disease



## **JDRF Psychosocial Strategy**













## **Psychosocial Clinical Trials**

ReDUCe	Reducing Diabetes Distress in Young Adults Using Cognitive Behavioral Therapy	Diabetes Distress
THRIVE app	Positive psychology	Diabetes Distress
Tripple T	Family support during first year after diagnosis	Diabetes Distress
The UP study	CBT based approach that takes a holistic view on depression and anxiety	Anxiety & Depression
BodyProject	eating disorder prevention program for young people with T1D	Disordered Eating
iACT	a novel mHealth intervention for eating disorders in T1D	Disordered Eating

## **Advance Therapies: Our Strategic Approach**

Drive more new therapies through the research and development (R&D) pipeline, from discovery research and clinical trials to therapy development, regulatory approval, and healthcare access. We call this our "pipeline strategy."



Cycle of Next Generation T1D Therapies

#### **JDRF**

## Accelerating Research through Strategic Collaborations

JDRF collaborates on T1D research and advocacy efforts with a variety of partners





## **THANK YOU**

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