



## T1D Exchange (T1DX) Health Equity Advancement Lab (HEAL) Meeting Agenda

October 20, 2022, 1-2:30 pm EDT, Zoom

### *Participants:*

Ananta Addala, Ashley Butler, Carla Demeterco, Osagie Ebekezien, Holly Hardison, Faisal Malik, Ann Mungmode, Margarita Ochoa-Maya, Ori Odugbesan, Nicole Rioles, Janine Sanchez, , Jesse Cases, Deborah Ellis, Jennifer Raymond, Trevon Wright, Nudrat Noor

### *Agenda:*

Time	Item	Facilitator
1:00-1:10 pm 10'	<b>Welcome</b> <ul style="list-style-type: none"><li>• Welcome</li><li>• Centering</li></ul>	Dr. Osagie Ebekezien Ann Mungmode
1:10-1:50 pm 40'	<b>Supporting Black youth with T1D</b> <ul style="list-style-type: none"><li>• Project from Wayne State University</li></ul>	Dr. Deborah Ellis
1:50-2:20 pm 30'	<b>Preliminary Survey Results</b> <ul style="list-style-type: none"><li>• Racial Equity practices</li><li>• LGBTQ+ documentation</li></ul>	Jesse Cases
2:20-2:30 pm 10'	<b>Updates and Close Out</b> <ul style="list-style-type: none"><li>• Summary of next steps</li><li>• Next meeting 1/19/2023, 1 PM EST</li></ul>	T1DX staff

### **Welcome and Introduction**

- How do we fortify ourselves?

### **Supporting Black Youth with T1D**

- Evidence based interventions to address such disparities are promote health equity are lacking
- Parental Monitoring- parenting behaviors involve information seeking about a youth's daily activities as well as direct supervision and oversight of those activities
  - o Those parents that were more involved with patients' diabetes management had better outcomes
- Multicenter Effectiveness implementation study
  - o 4 peds centers in Chicago and 3 in Detroit, ages 10-15
  - o 3M's – medicine, meter and meals
  - o Psychoeducational content developed with primary caregiver of Black adolescents with T1D
  - o Brief eHealth intervention was successful in improving glycemic control for Black adolescents with T1D
- Recruitment of Black families
  - o Resources allocated appropriately



- Qualitative work with families, personalized touch and approach, tailoring to the family, relationship approach

### **Preliminary Survey Results**

#### Racial Equity

- 21% peds and 33% of adult, feel all their team can articulate on medical racism
- Peds have implemented more strategies to address racism
- Majority of centers complete training annually
- Peds have more resources to address contributors to inequities

#### LGBTQ+

- Majority said yes to gender affirming care
- Peds more regularly documenting pronouns
- Majority document sex assigned at birth
- Majority document patient self-identified gender identity
- Most clinic-self identified gender outside 'Male' and 'Female'

### **Updates and Close out**

- Review of HEAL work at January meeting

**Next Meeting Thursday January 19<sup>th</sup> 2023 1-2:30pm EST**

Meeting Recording:

[video1629792994.mp4](#)